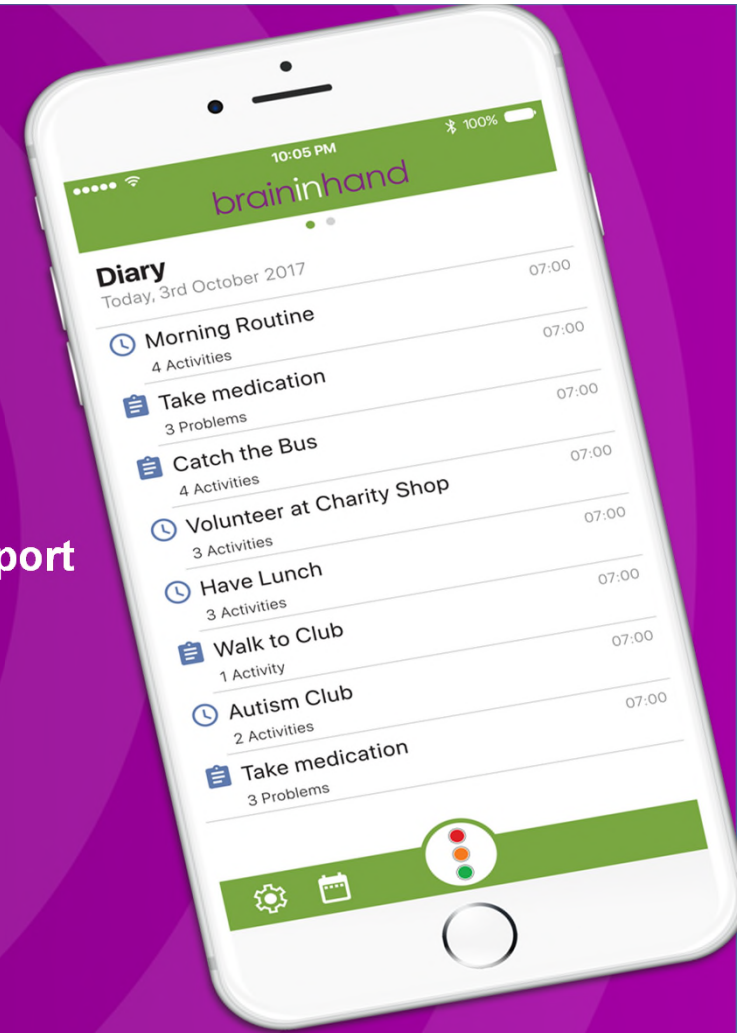


**Reduce Anxiety  
Feel Safe  
Be More Independent**

**Brain in Hand software system with NAS support**

**Heather Cook and  
Tom Pitwood**



# For discussion today

- **Introducing the Brain in Hand System with NAS support**
- **User stories**
- **Tom's story**
- **How to get Brain in Hand yourself.**

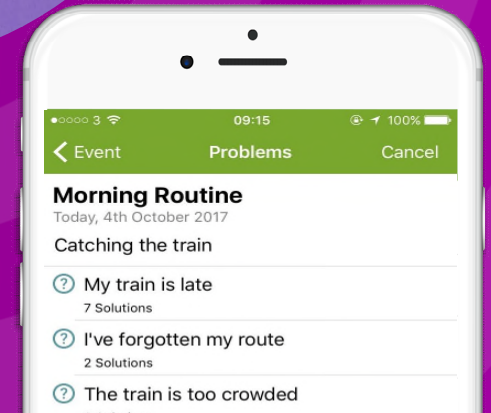
# Evolution of the Mobile Phone



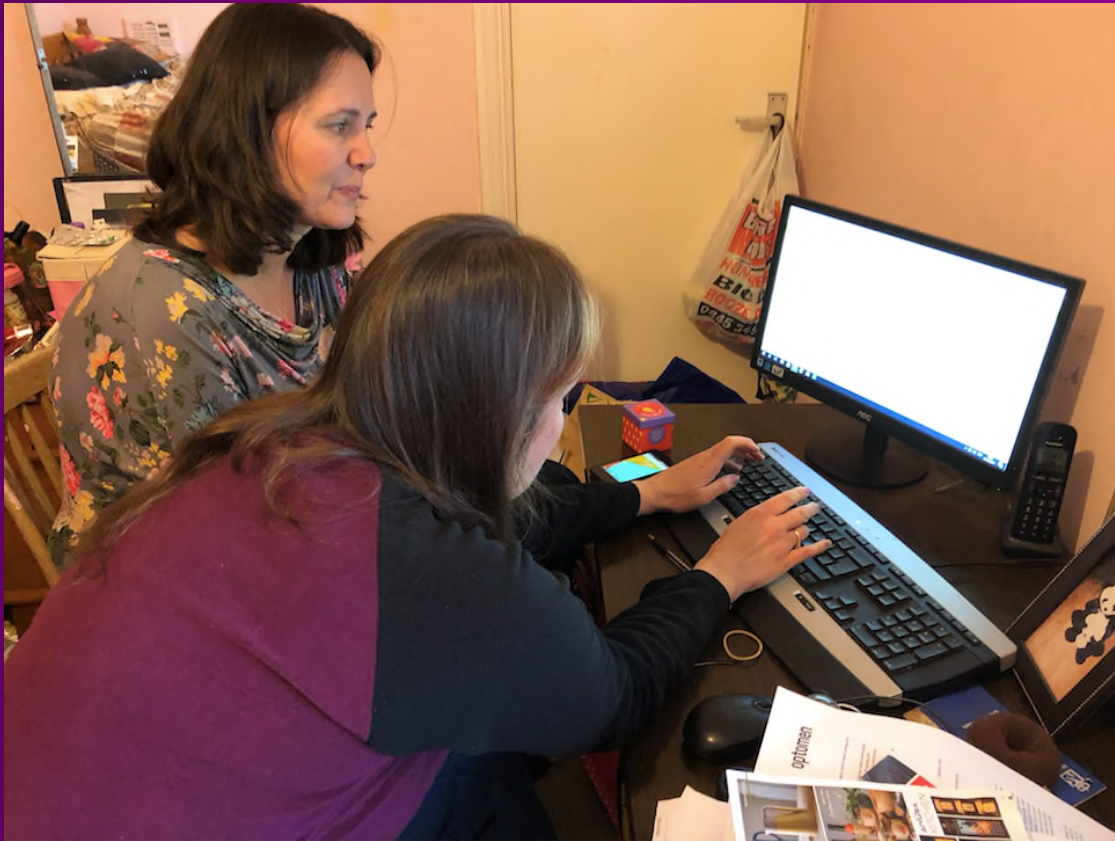


Living with difficult circumstance, autism, a mental health condition, a learning difficulty or a brain injury can lead to difficulties making decisions, controlling emotions, choosing appropriate behaviour.

## Brain in hand compensates for the impairment in executive function that goes alongside these conditions



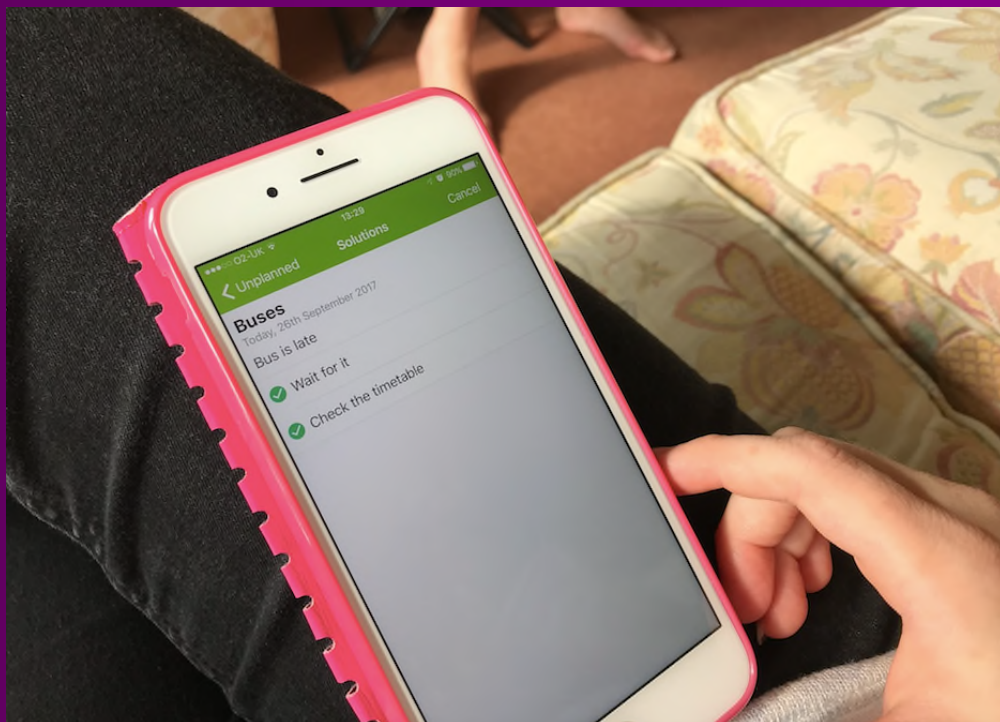




## Getting Started

Trained supporter will work with you to help you get started with Brain in Hand and personalise the system for your needs.





## Brain in Hand Always on hand!

All the information about you, the problems you've identified and the solutions you've worked through, automatically synch with an app on your phone.

Access these personalised reminders, diary events, problems and solutions anytime, anyplace.



## Access support when you really need it

Our partners, the NAS provide a telephone support service. They keep an eye on your anxiety levels, and will get in touch when you really need to get your day back on track



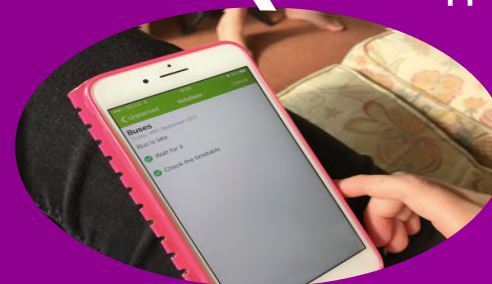


## The integrated Brain in Hand support System

Professional set up support  
tailored to your needs



Available 24/7  
Support that's just for you

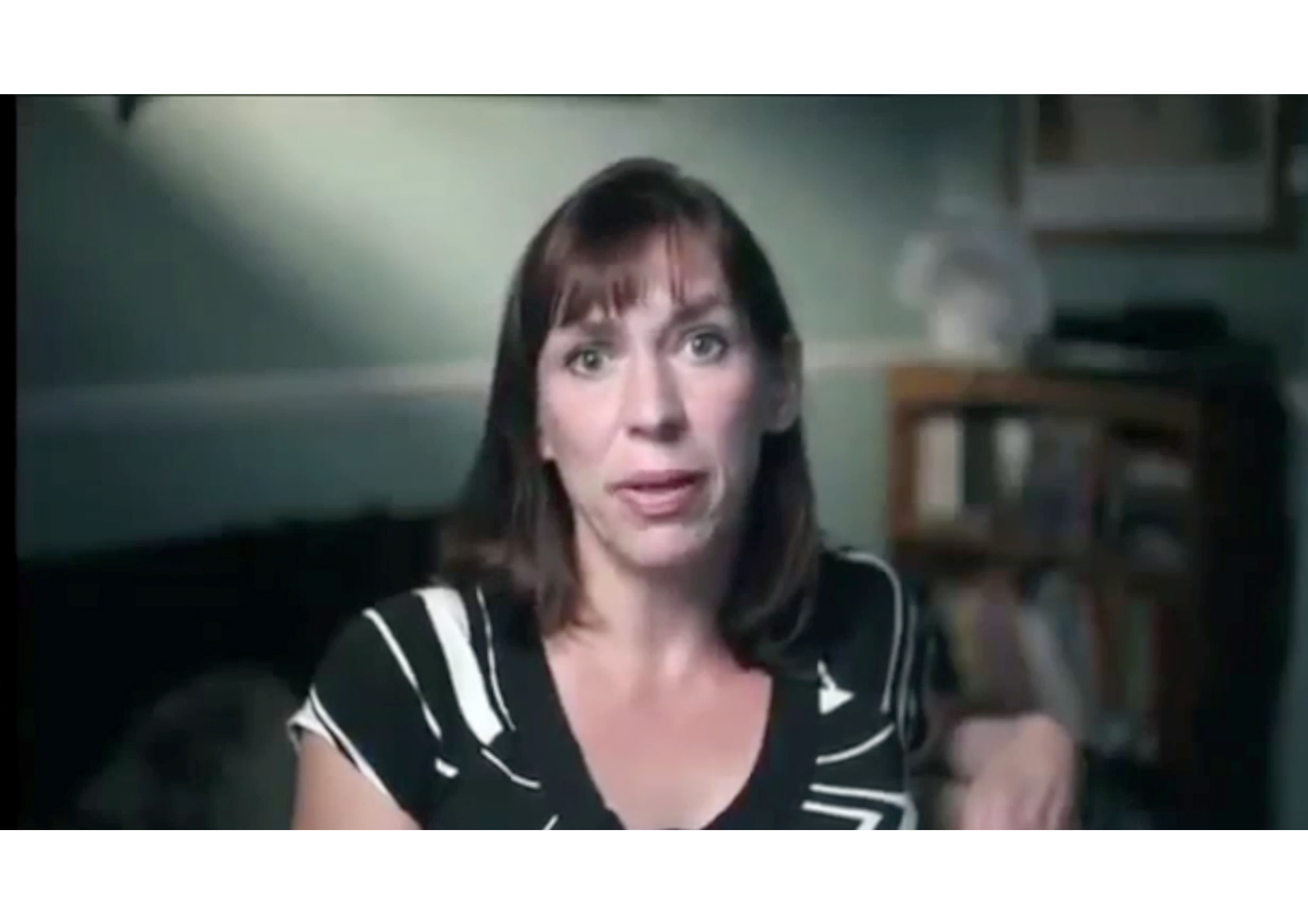


Keep a track on your anxiety  
Ask for help when you need it most

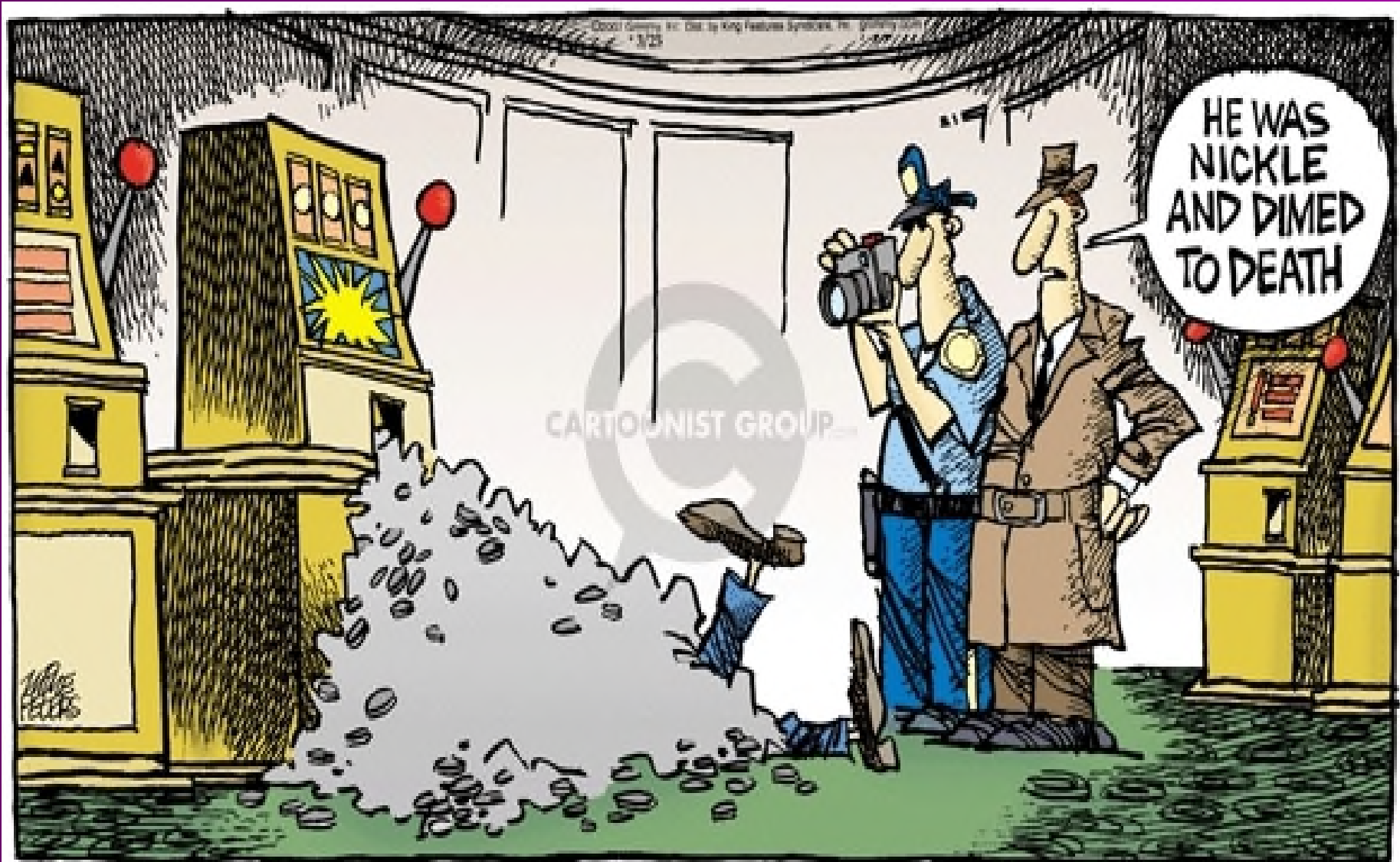


Professional supporters  
there to get your day back on  
track





Hello, nice to me you!  
My name is Tom,  
and I am here to discuss how  
Brain in Hand and how it has  
helped me in work.



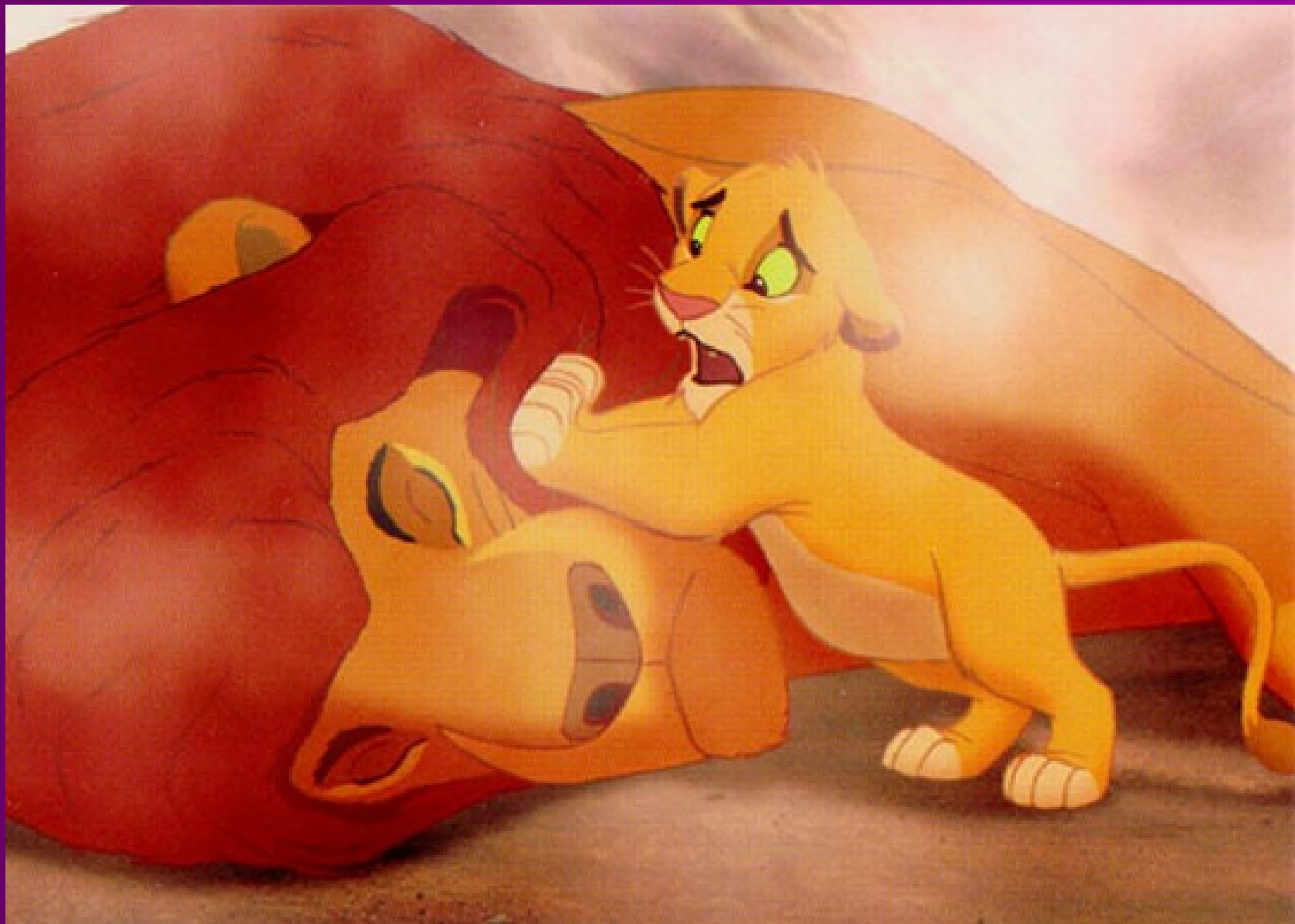


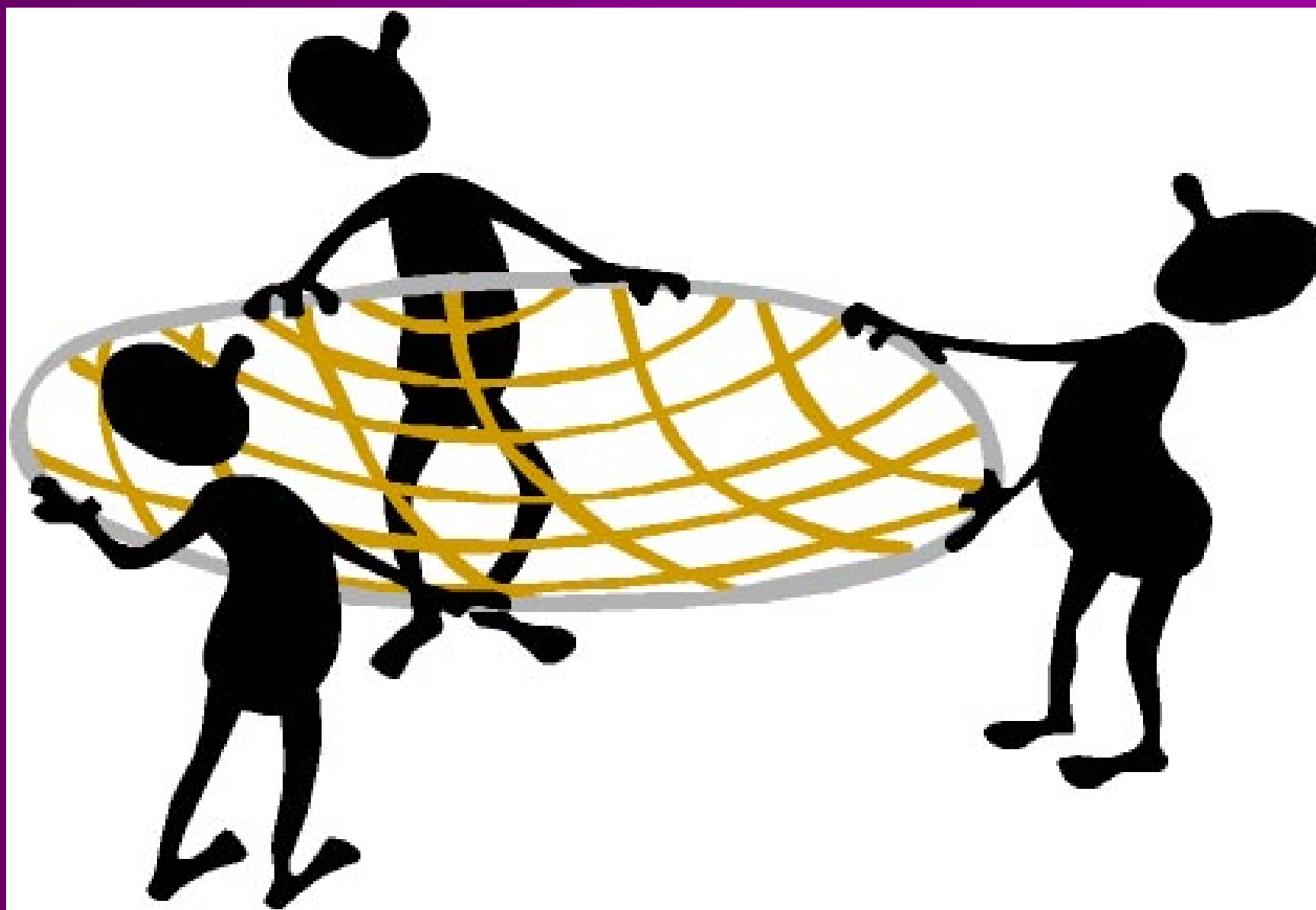
























**Our users tell us  
Brain in Hand Helps me to ....**

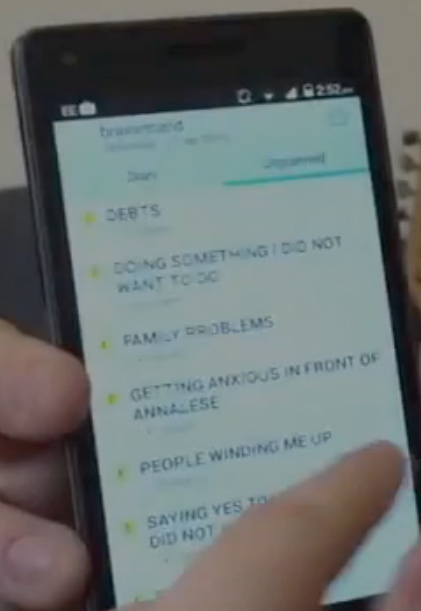
**Reduce Anxiety**

**Feel Safe**

**Be More  
Independent**



# Diary



# What our Brain in Hand system users tell us

**Increasing  
Independence,  
Confidence and the  
ability to problem  
solve.**

**Improve ability to  
regulate emotions,  
manage anxiety and  
reduce negative  
behaviour**

**Reduce need for  
support**

**Give more  
time back to families  
and carers by  
promoting greater  
independence**

# How to get Brain in Hand with NAS Support

**Disabled Students  
Allowance**

With NAS Traffic Light Support

**DWP  
Access to Work**

**Support  
Providers**

**Brain in  
Hand  
For Me  
(EHCP &  
PIP)**

With NAS Traffic Light Support

Additional Slide to be Inserted  
before the conference.

Pricing Information







## Councils

Hampshire  
Liverpool  
Essex  
Wolverhampton  
Warwickshire  
Barnet  
Northamptonshire  
Solihull  
Wolverhampton  
Kingston  
Kent  
Kirklees  
Perth & Kinross  
Caulderdale  
Herefordshire  
North Somerset  
Devon County Council  
Wokingham

## Autism Support

- Autism East Midlands
- National Autistic Society



## Government Funding

Disabled Students Allowance  
Access to Work

## NHS

Salford CCG  
Leeds & York  
Surrey & Borders  
Tavistock and Portman

## Uni / Schools

De Montfort Uni  
Bath  
UCLAN  
Cardiff  
Warwickshire  
Solihull  
Sussex Coast College  
Petroc College  
West Exe School  
Cranbrook campus  
The Rise